

making the cut what pdf

266 MAKING THE CUT WATER BREAKFAST LUNCH SNACK DINNER Day 1 Drink 100 oz. 6 scrambled 5 oz. fresh salt-free 20 raw or dry-roasted Grilled 6-oz. swordfish distilled water egg whites or low-sodium unsalted almonds steak cooked with lemon throughout the day.

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The Cut is a BBC television teen drama, first broadcast in September 2009. The series was developed by Geoffrey Goodwin and Holby City writer, Al Smith in collaboration with Kate Modern producer Pete Gibbons

and Hollyoaks director, Sarah Walker.

The Cut - lupidelticino

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